The Need to Eat
Kate was feeling ill. She had an odd feeling in her tummy. She lay down on the grass at school. Kate rested. She started to think. What did she eat for lunch? Maybe that was why she felt ill.

Kate did not eat anything blue. She did not eat anything brown. She did not eat anything green or red. Kate had been too busy talking with her friends at lunch. She did not eat anything at all! No wonder Kate’s tummy hurt. She was hungry. Kate looked in her bag. She found some food. Kate sat on the grass and ate. She ate fast. She stuffed the food into her mouth. Then, she got up. She stood up very tall. She felt much better. Kate would not forget to eat her lunch again.