



The Not-So-Plain Brain

Your brain is not plain. It is one of a kind. It does a lot of work. Your brain is the main control center of your body. It sends pain signals to let you know when you are hurt. It sets off a chain of events that lets you talk so you can complain about the pain you feel. Your brain is not a muscle, but people talk about it like one. Your brain does not get sore. You can't sprain it or strain it. When you are really tired, you might feel drained. But your brain feels better again once you sleep.



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